

A Meal Program for Older Adults living in the RM of Macdonald

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATUR DAY
		1 No Meal	2 No Meal	3	4
6 La Salle @ 11:45 Holiday Meal	7	8 Starbuck @11:45 Shepherd's Pie	9 Sanford @11:45 Ham Casserole Genealogy 101	10	11
13 Brunkild@ 11:45	14	15 Starbuck @11:45	16 Sanford @ 11:45	17	18
Soup and Sandwich		Chicken Casserole	Chicken Parmesan Minds in Motion Open House		
20 La Salle @ 11:45 Lasagna Genealogy 101	21	22 Starbuck @11:45 Teriyaki Chicken	23 Sanford @ 11:45 Surprise	24	25
27 La Salle @ 11:45 BBQ Chicken	28	29 Starbuck @11:45 Lasagna Ask the Pharmacist	30 Sanford @ 11:45 Roast Pork	31	
	6 La Salle @ 11:45 Holiday Meal  13 Brunkild@ 11:45 Soup and Sandwich  20 La Salle @ 11:45 Lasagna Genealogy 101  27 La Salle @ 11:45	6 La Salle @ 11:45  Holiday Meal  13 Brunkild@ 11:45  Soup and Sandwich  20 La Salle @ 11:45  Lasagna Genealogy 101  27 La Salle @ 11:45  28	1 No Meal  6 La Salle @ 11:45 Holiday Meal  7 8 Starbuck @11:45 Shepherd's Pie  13 Brunkild@ 11:45 Soup and Sandwich  14 15 Starbuck @11:45 Chicken Casserole  20 La Salle @ 11:45 Lasagna Genealogy 101  27 La Salle @ 11:45 BBQ Chicken  28 29 Starbuck @11:45 Lasagna	1 No Meal  2 No Meal  6 La Salle @ 11:45  Holiday Meal  7 8 Starbuck @11:45  Shepherd's Pie  Genealogy 101  13 Brunkild@ 11:45  Soup and Sandwich  14 15 Starbuck @11:45  Chicken Casserole  Chicken Parmesan  Minds in Motion Open  House  20 La Salle @ 11:45  Lasagna  Genealogy 101  27 La Salle @ 11:45  BBQ Chicken  28 29 Starbuck @11:45  Lasagna  Roast Pork  2 No Meal  2 No Meal  2 No Meal  2 No Meal  2 Starbuck @11:45  Bay Sanford @ 11:45  Surprise  30 Sanford @ 11:45  Roast Pork	1 No Meal   2 No Meal   3   3   6 La Salle @ 11:45   7   8 Starbuck @11:45   9 Sanford @11:45   10   Ham Casserole   Genealogy 101   13 Brunkild@ 11:45   14   15 Starbuck @11:45   16 Sanford @ 11:45   17   Soup and Sandwich   Chicken Casserole   Chicken Parmesan   Minds in Motion Open   House   20 La Salle @ 11:45   21   22 Starbuck @11:45   Surprise   23 Sanford @ 11:45   Surprise   24   Surprise   27 La Salle @ 11:45   28   29 Starbuck @11:45   30 Sanford @ 11:45   31   BBQ Chicken   BBQ Chicken   Surprise   Surprise

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confirm. \$10 per person

Menu subject to change.